# A - B WHIRL

Choreographer Val Myers (UK) February 2004

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**Description:** 2 wall Absolute Beginner line dance (24 counts)

Choreographers note: - Since this is an Absolute Beginners dance there are many possible tracks. Here are some suggestions.

Dance! Shout! by Wynona (117bpm) (Album: Line Dance Fever 1)

455 Rocket by Kathy Mattea (125bpm) (Album: The No.1 Line Dancing Album Just A Kiss by Steve Holy (111bpm) (Album: Line Dance Fever 14)
Too Much Candy For A Dime by Eddy Raven (128bpm) (Album: The Most Awesome Linedancing Album 9)

#### SECTION 1

### 1-8 HEEL, CLAP, TOE CLAP, HEEL STRUTS FORWARD X 2.

- 1-2 Touch right heel forward, Clap.
- 3-4 Touch right toe back, Clap.
- 5-6 Step right heel forward, Drop right toe taking weight.
- 7-8 Step left heel forward, Drop left toe taking weight.

#### SECTION 2

#### 9-16 JAZZ BOX X 2.

- 1-2 Cross right over left, Step back left.
- 3-4 Step right to right to right side, Step left beside right.
- 5-6 Cross right over left, Step back left.
- 7-8 Step right to right to right side, Step left beside right.

## SECTION 3

#### 17-24 1/4 PIVOT TURN LEFT, STOMP, STOMP; X 2.

- 1-2 Step forward right, Pivot 1/4 turn left.
- 3-4 Stomp right in place, Stomp left in place.
- 5-6 Step forward right, Pivot 1/4 turn left.
- 3-4 Stomp right in place, Stomp left in place.

## START AGAIN AND ENJOY

**NOTE:** This dance is intentionally choreographed as an "Absolute Beginners" (A - B) dance. It helps to take A - B's from zero to first base, also hence A - B. It has been carefully designed to use easy steps for A - B's, with the following movement, in turn: On the spot, forward, on the spot, Turn, Turn. It has only TWO walls and TWO turns. N.B. there is a lot (for A - B's) in the dance, due to the complication of the two turns and two wall orientation.

"A - B Whirl" is ideal for situations where non line-dancers may be included.

The turning is the fun bit!